

THE BAKER SPA

Relax - Rejuvenate - Revitalize



THE BAKER HOUSE

- 165 0 -

Hotel, Spa & Special Events



The last thing one would expect in a historic 1648 home is a state-of-the-art spa facility, but this is what one finds on descending the paneled staircase leading to the lower level. An endless swimming pool, a sauna, a steam shower, a jacuzzi and a changing room comprise the spa and although it is modern in every aspect, it seems to have always been there.

The Baker House 1650 guests are invited to use the spa which is located on the lower level. Guests can design their own spa experience combining massage and purification.

The Baker Spa is complimentary for all guests, who also have the opportunity to reserve the spa for private use, massages, facials and purification.



THE BAKER HOUSE 1650

Nestled in the beautiful, historic Village of East Hampton, NY, The Baker House 1650 is a masterpiece of 17th Century Cotswold-inspired architecture. While possessing the homey, yet majestic aura of a superb English manor, The Baker House 1650 caters to its guests with the utmost in beautiful, modern accommodations, conveniences, and amenities. The Baker House 1650 is open year round. Whether for a vacation, a romantic getaway, or a beautiful wedding in the Hamptons, The Baker House 1650 is the ideal destination for the most discerning travelers—simply, the best B&B in the Hamptons.



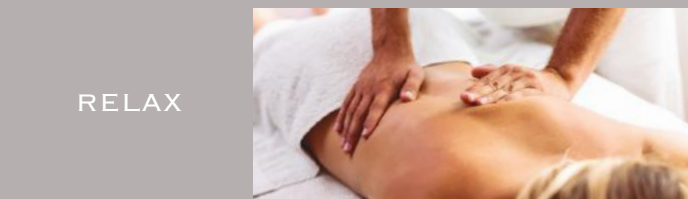
THE BAKER HOUSE

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REJUVENATE



RELAX



REVITALIZE

MASSAGE

Swedish Massage

Traditional massage that relaxes muscles, increases circulation and reduces stress by using long, smooth strokes, kneading and circular movements on muscles using lotions or oils. **60 minutes \$140, 90 minutes \$180**

Prenatal Massage

Massage is used to reduce stress, decrease swelling, relieve aches and pains and anxiety. Therapists know the proper way to position and support the woman's body and how to modify techniques. **60 minutes \$140**

Reflexology

Reflexology is based on the theory that reflex zones on the feet, hands and ears correspond to organs and regions of the body. Manipulation of these points can improve circulation, eliminate toxins and reduce stress. **60 minutes \$140**

Deep Tissue Massage

Deep Tissue massage targets the deeper layers of muscle and connective tissue. Used for tight or painful muscles, repetitive strain, postural problems or recovery from injury. This is a more focused type of massage and uses many of the movements as in other body massages. **60 minutes \$150, 90 minutes \$190**

Hot Stone Massage

This massage applies heat and pressure to the body using smooth, hot stones. Very comforting. The heat deeply penetrates the muscles and releases tension. This massage not only relaxes but offers some relief from any pain. Good for those with health conditions such as back pain, anxiety, tension and muscle tension. **60 minutes \$180**

Couple's Massage

Two Swedish massages—performed at the same time, in the same room. You'll have the opportunity to share a calming experience with someone you hold dear. **60 minutes \$270**

Body Polish

An exfoliating sugar scrub, chosen by you, is applied to the entire body and then rinsed off in our glass shower. A relaxing full body massage concludes this treatment. Your skin will be perfectly smooth and renewed. **90 minutes \$180**

FACIALS

European Facial

General reconditioning of your skin using steam, massage, light extraction and a customized mask to obtain a healthy, glowing complexion. **60 minutes \$140**

Gentleman's Facial

Deep cleansing treatment designed specifically for the special needs of a man. Helps to relieve razor burn, dry skin and irritation. **60 minutes \$140**

Vitamin C Facial

An intensive treatment for dehydrated or environmentally challenged skin. Packed with vitamins and antioxidants, this facial is designed to erase the signs of aging for a more youthful and radiant complexion. **60 minutes \$165**

APPOINTMENTS

To ensure the availability of therapists, please schedule appointments several days in advance. Our staff will endeavor to schedule treatments on short notice if necessary. Appointments are held with a credit card and there

is a 24-hour cancellation policy. All treatments are performed in the spa, which will be private for the duration of your appointment. Exclusive use of the spa facilities before or after your treatment is an additional \$75 per hour. Appointments are posted on the door of the spa.