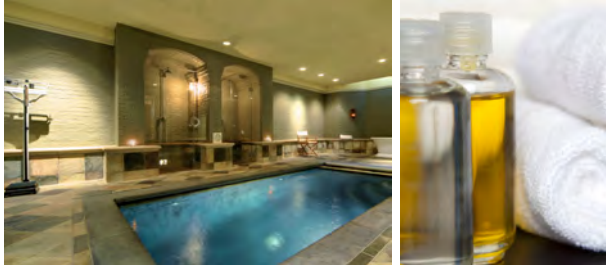




THE BAKER SPA

An Exceptional Indulgence



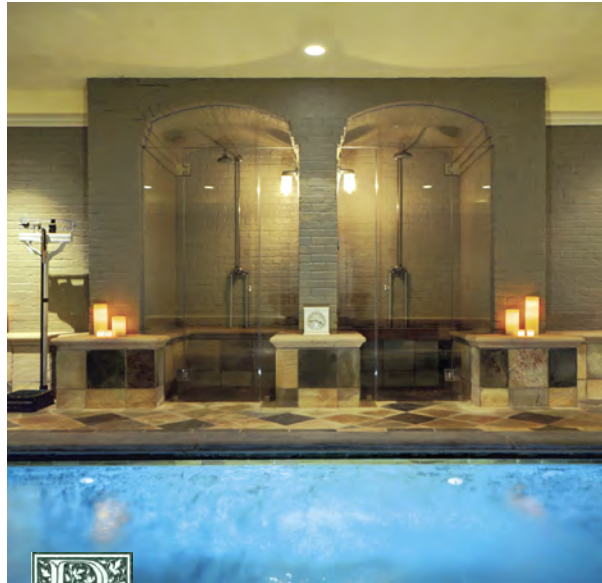
Relax • Rejuvenate • Revitalize



THE BAKER HOUSE

- 1650 -

Hotel, Spa & Special Events



THE BAKER SPA

The last thing one would expect in a historic 1648 home is a state-of-the-art spa facility, but this is what one finds on descending the paneled staircase leading to the lower level. An endless swimming pool, a sauna, a steam shower, a jacuzzi, a changing room and a full bathroom comprise the spa and although it is modern in every aspect, it seems to have always been there.

The Baker House 1650 guests are invited to use the spa which is located on the lower level. Guests can design their own spa experience combining massage and purification.

The Baker Spa is complimentary for all guests, who also may to reserve the spa for private use, massages, facials and purification.



THE BAKER SPA

HISTORY

To create the spa, a central stairway was duplicated and extended down into a 20' x 40' room. During excavation of the foundation, original detailed brickwork was revealed. The walls were discovered to be precisely level, perfectly plumb and only 1/4" out of square—despite having rested their footings on glacial moraine for 110 years. This provides an apt structural detail in a room designed for restoring balance and well-being.

To accommodate the lap pool, pink granite boulders deposited by the glacier were hauled out by hand. The flooring was created with multi-hued Chinese limestone. To create the showers, substantial brick arches supporting the south chimney were enclosed in glass.

The result is an intimate, inviting space for ultimate relaxation and rejuvenation.



THE BAKER HOUSE

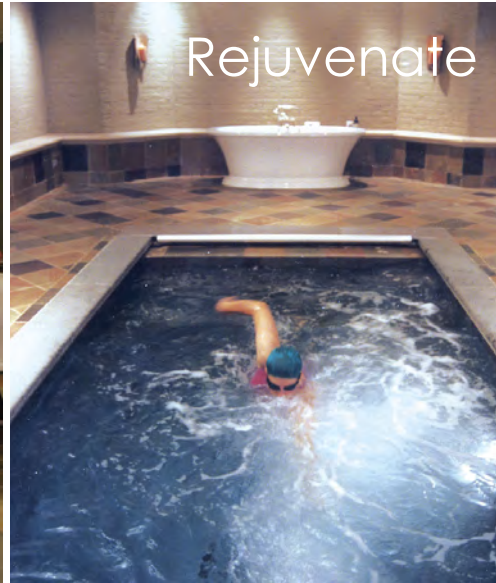
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Relax



Rejuvenate



Revitalize



MASSAGE

Swedish Massage

Traditional massage that relaxes muscles, increases circulation and reduces stress by using long, smooth strokes, kneading and circular movements on muscles using lotions or oils. **60 minutes \$130, 90 minutes \$165**

Prenatal Massage

Massage is used to reduce stress, decrease swelling, relieve aches and pains and anxiety. Therapists know the proper way to position and support the woman's body and how to modify techniques. **60 minutes \$130**

Reflexology

Reflexology is based on the theory that reflex zones on the feet, hands and ears correspond to organs and regions of the body. Manipulation of these points can improve circulation, eliminate toxins and reduce stress. **60 minutes \$130**

Deep Tissue Massage

Deep Tissue massage targets the deeper layers of muscle and connective tissue. Used for tight or painful muscles, repetitive strain, postural problems or recovery from injury. This is a more focused type of massage and uses many of the movements as in other body massages. **60 minutes \$145, 90 minutes \$180**

Shiatsu Massage

Traditional Japanese massage technique which applies finger pressure to specific points on the body which balances the mind and restores energy flow. People are pleasantly surprised with this modality. It is relaxing yet the pressure is firm. **60 minutes \$160**

Hot Stone Massage

This massage applies heat and pressure to the body using smooth, hot stones. Very comforting. The heat deeply penetrates the muscles and releases tension. This massage not only relaxes but offers some relief from any pain. Good for those with health conditions such as back pain, anxiety, tension and muscle tension. **60 minutes \$165**

Couple's Massage

60 minutes \$250

Body Polish

An exfoliating scrub is applied to the entire body and then rinsed off in our glass shower. A relaxing full body massage concludes this treatment. Your skin will be perfectly smooth and renewed. You may choose from a variety of our sugar scrubs. **90 minutes \$165**

FACIALS

European Facial

General reconditioning of your skin using steam, massage, light extraction and a customized mask to obtain a healthy, glowing complexion. **60 minutes \$120**

Gentleman's Facial

Deep cleansing treatment designed specifically for the special needs of a man. Helps to relieve razor burn, dry skin and irritation. **60 minutes \$120**

APPOINTMENTS

To insure the availability of therapists, it is recommended that appointments for massages/facials are made several days in advance. However, our staff will endeavor to schedule treatments on short notice if necessary. Appointments are held with a credit card and there is a 24-hour cancellation policy. All appointments are posted on the notice board located on the door of the spa.

Exclusive use of the spa is \$75 per hour.