

# SOCIAL LIFE

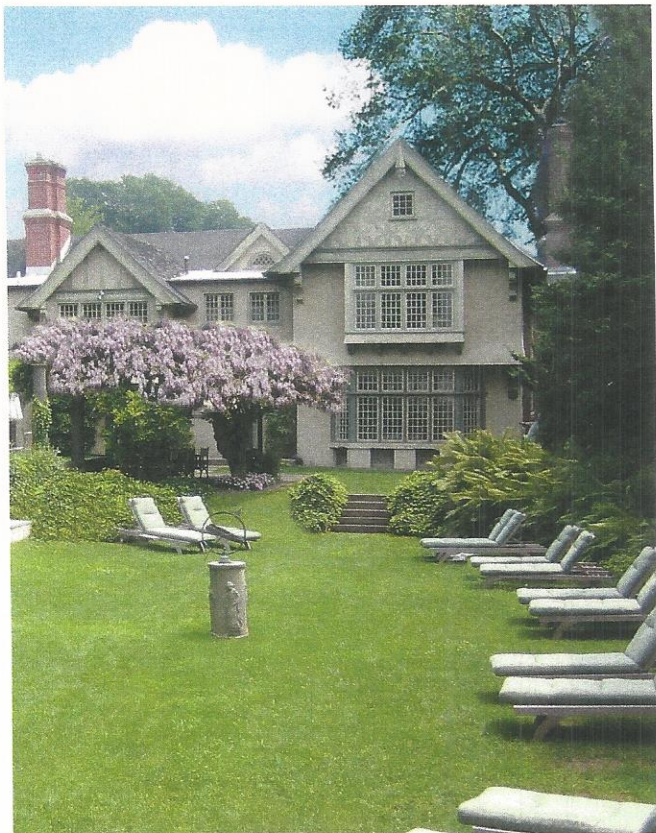
MAY 2017

*in the hamptons with*

## NAOMI WATTS

FASHION  
HEALTH & BEAUTY  
GALA PHOTOS  
TRAVEL & ART  
REAL ESTATE





The Baker House 1650



Elements Fitness Studio

stop for lunch at Fresno, a contemporary bistro, the dining space colored in muted tones and lined with sleek upholstered banquettes, accented by French doors that lead to a landscaped terrace. A zinc-topped bar completes the look. Co-owners David Loewenberg and Michael Nolan along with the Gretchen Menser, the executive chef, at the helm ensure a memorable meal. We sample a few of the signature dishes: the charred Spanish octopus with roasted garlic, white bean puree, pickled fennel, Castelvetrano olives, and caper vinaigrette. Following this we share a delicious entrée: the cazuela roasted local tilefish with maitake, enoki, and shiitake mushrooms, bok choy, rice noodles, lemongrass, dashi, and bean sprouts. The meal is paired perfectly with fine wines, per the expertise offered here to guests.

Next, we head back over to Main Street and straight into the driveway of The Baker House 1650. Upon entering this boutique mansion, one of the oldest houses in the village, we are immediately charmed. We stop and take it all in: the arched entryway, the common great room complete with fireplace, and the many spaces throughout the house — all designed for comfort and ease. This boutique hotel is stocked to the brim with luxe amenities such as flat screen TVs, Bose stereos with iPod docks, minibars, WiFi, L'Occitane toiletries, Frette towels and robes, two-person Jacuzzi tubs, and antique claw-footed tubs, with most bedrooms offering

wood-burning fireplaces. A beautiful dining area and a well-stocked bar and library add dimension and social pizzazz. The onsite spa has a Jacuzzi tub, steam shower and sauna, and offers everything from body treatments to facials and massages. We sneak a dip in the infinity pool, a teaser to the outdoor pool that awaits us and the beach swimming that we hope to do later this season.

Elements Fitness Studio, a boutique fitness studio, specializes in barre fitness, dance, cardio, sculpt, HIIT fusion, yoga flow, and SUP classes. We note that Elements offers an exclusive partnership with Montauk Beach House all summer long, featuring poolside workouts and other special events. Other partnerships are Glam & Go, an in-studio pop-up with blow dry and styling services; and Naturopathica, offering complimentary massages and trunk shows by brands such as HPE and Grace by Grit.

After a good solid workout, we head back for a lazy nap followed by a cocktail on the Bakerhouse property garden. In the early evening, we head over to Dopo La Spiaggia, a high-end Italian eatery, which recently opened its second location in East Hampton following the success of its Southampton site. This larger 3,000-square-foot space features 136 seats, an outdoor seating area, an indoor fireplace, and a sprawling bar. Fans of chef Maurizio Marfoggia's southern Italian cooking will recognize many of his locally-sourced